

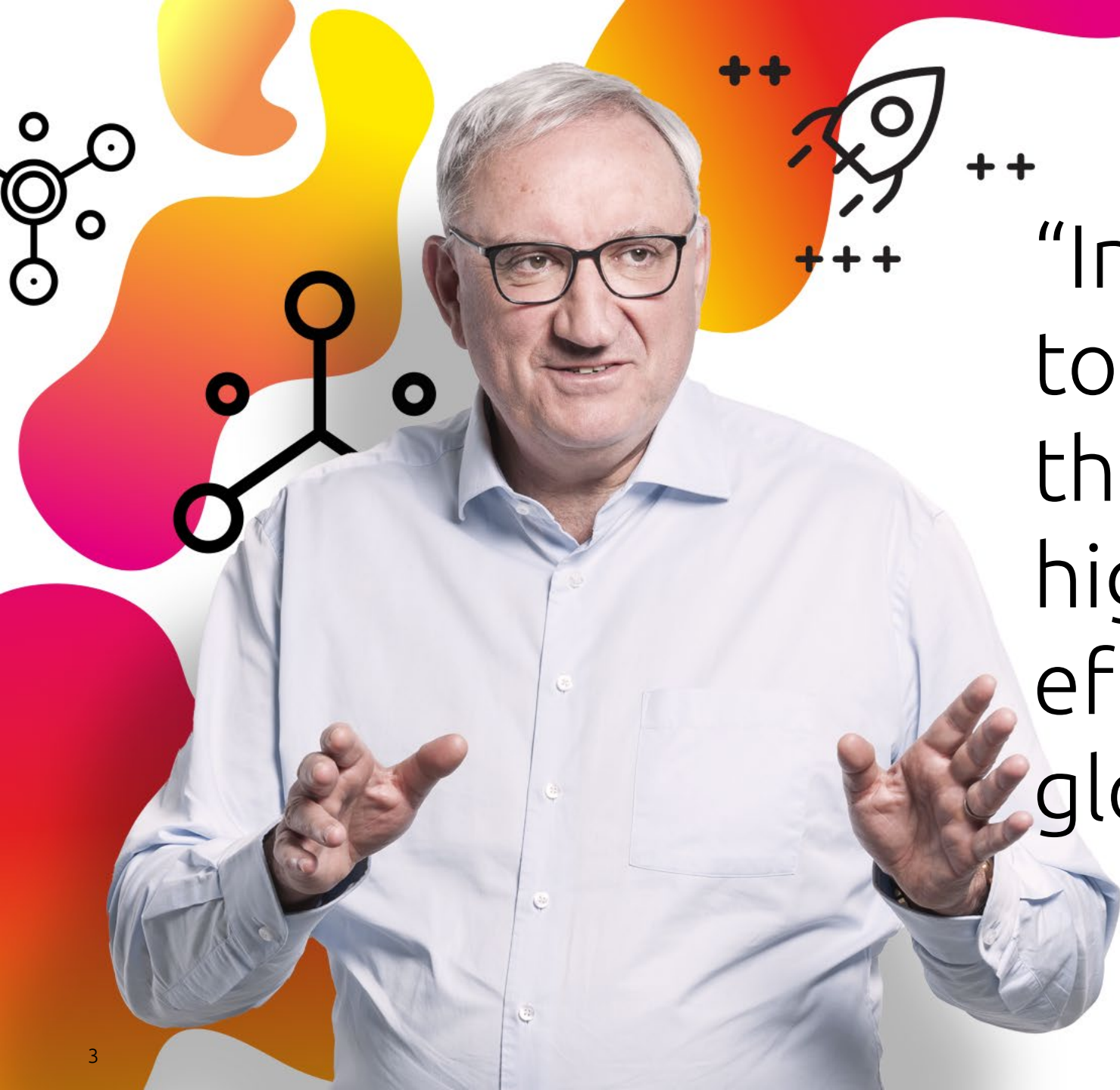
**idorsia**

Idorsia –  
Reaching out  
for more



Investor webcast – January 2022

The following information contains certain “forward-looking statements”, relating to the company’s business, which can be identified by the use of forward-looking terminology such as “estimates”, “believes”, “expects”, “may”, “are expected to”, “will”, “will continue”, “should”, “would be”, “seeks”, “pending” or “anticipates” or similar expressions, or by discussions of strategy, plans or intentions. Such statements include descriptions of the company’s investment and research and development programs and anticipated expenditures in connection therewith, descriptions of new products expected to be introduced by the company and anticipated customer demand for such products and products in the company’s existing portfolio. Such statements reflect the current views of the company with respect to future events and are subject to certain risks, uncertainties and assumptions. Many factors could cause the actual results, performance or achievements of the company to be materially different from any future results, performances or achievements that may be expressed or implied by such forward-looking statements. Should one or more of these risks or uncertainties materialize, or should underlying assumptions prove incorrect, actual results may vary materially from those described herein as anticipated, believed, estimated or expected.



“In 2022 we are going to see the results of the sustained and highly professional efforts from our global teams”

Jean-Paul Clozel  
Chief Executive Officer

# idorsia

Idorsia receives  
Japanese PMDA  
approval of PIVLAZ  
(clazosentan sodium)  
150 mg



Clazosentan is only approved in Japan under the tradename PIVLAZ™ and is not yet available. Clazosentan is investigational in all other countries.



## The Lancet Neurology

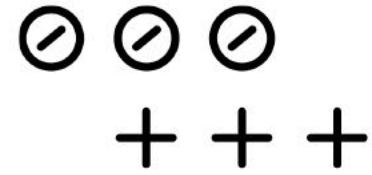
Safety and efficacy of daridorexant in patients with insomnia disorder: results from two multicentre, randomised, double-blind, placebo-controlled, phase 3 trials

Emmanuel Mignot, David Mayleben, Ingo Fietze, Damien Leger, Gary Zammit, Claudio L A Bassetti, Scott Pain, Dalma Seboek Kinter, Thomas Roth, on behalf of the investigators

Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39

Investor webcast – January 2022





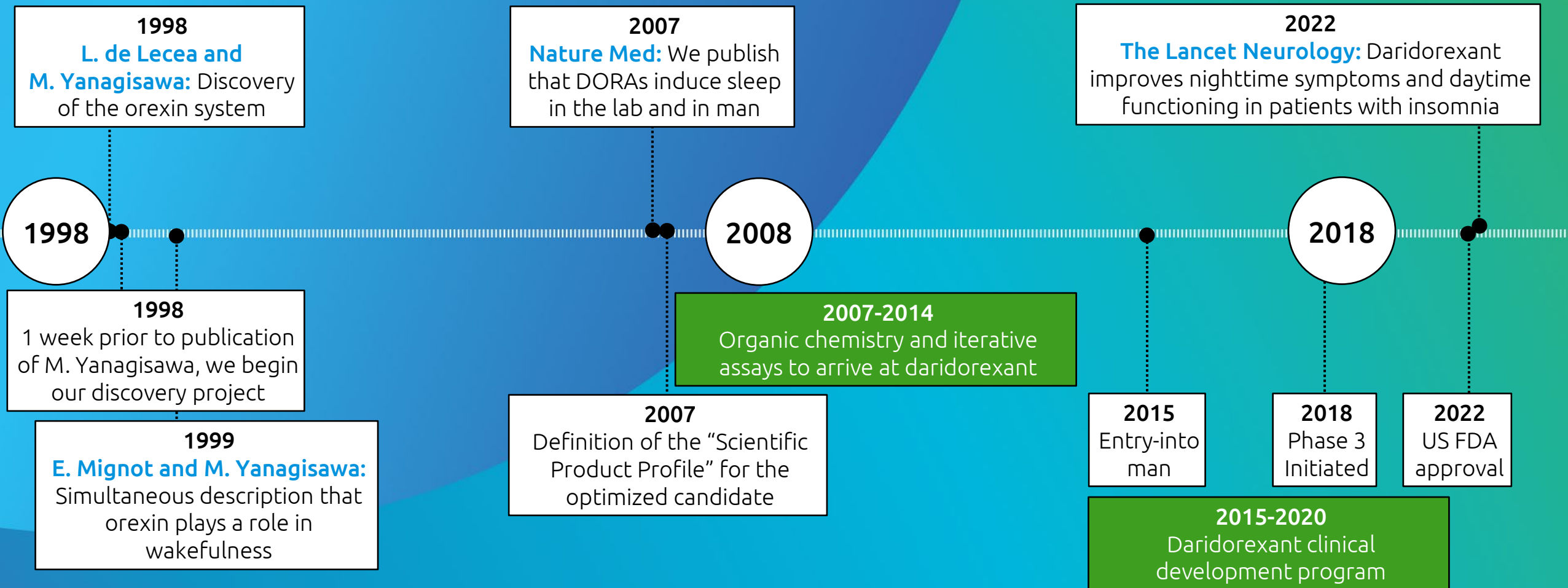
# Martine Clozel

## Chief Scientific Officer



Daridorexant – The Lancet Neurology

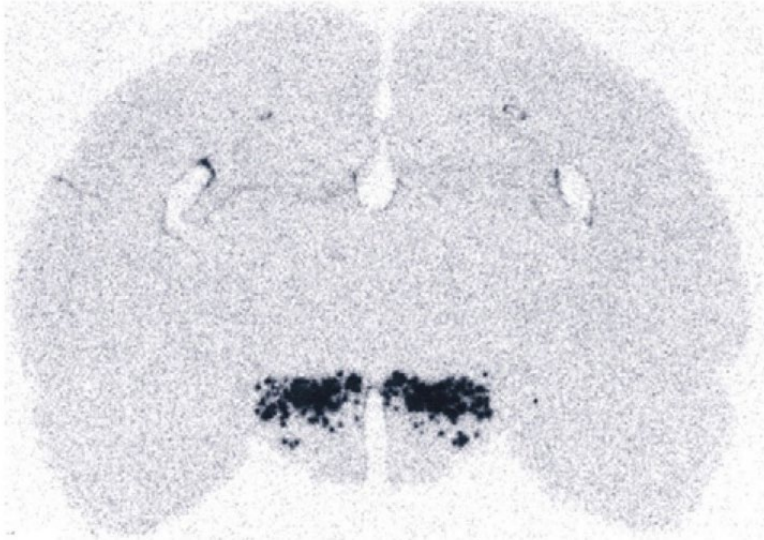
# >20 years of drug design



Daridorexant is only approved in the US under the tradename QUVIVIQ™ and will only be available following scheduling by the US Drug Enforcement Administration. Market authorization is under review in other countries.

# A precision mechanism of action

- Very few cells produce OX



~70'000 Orexin neurons in man

de Lecea L. *Prog Brain Res* 2012; 198: 15–24

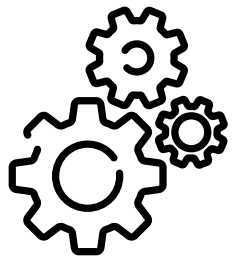
Early learnings on the DORA mechanism

- Induction of sleep
- No change in sleep architecture
- No respiratory depression
- Surmountable sleep if no “pressure to sleep”
- No decrease in muscular strength upon awakening
- Chronic administration without loss of efficacy
- No abuse potential

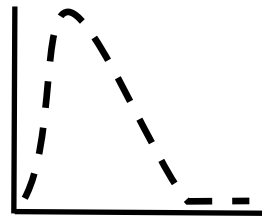
Brisbare-Roch C, et al. *Nat Med* 2007; 13, 150–155



# Combine the properties of dual orexin receptor antagonism with an optimal pharmacokinetic profile for insomnia

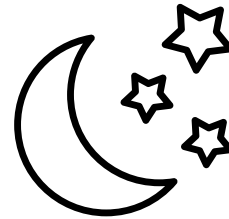


Precision  
MOA



Pharmacokinetic  
profile

Give patients with  
insomnia good night's  
sleep, night after  
night...

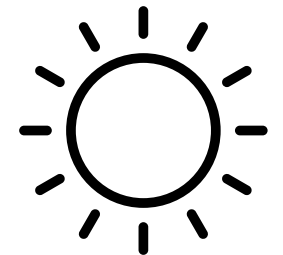


...without next-day  
carry-over effect



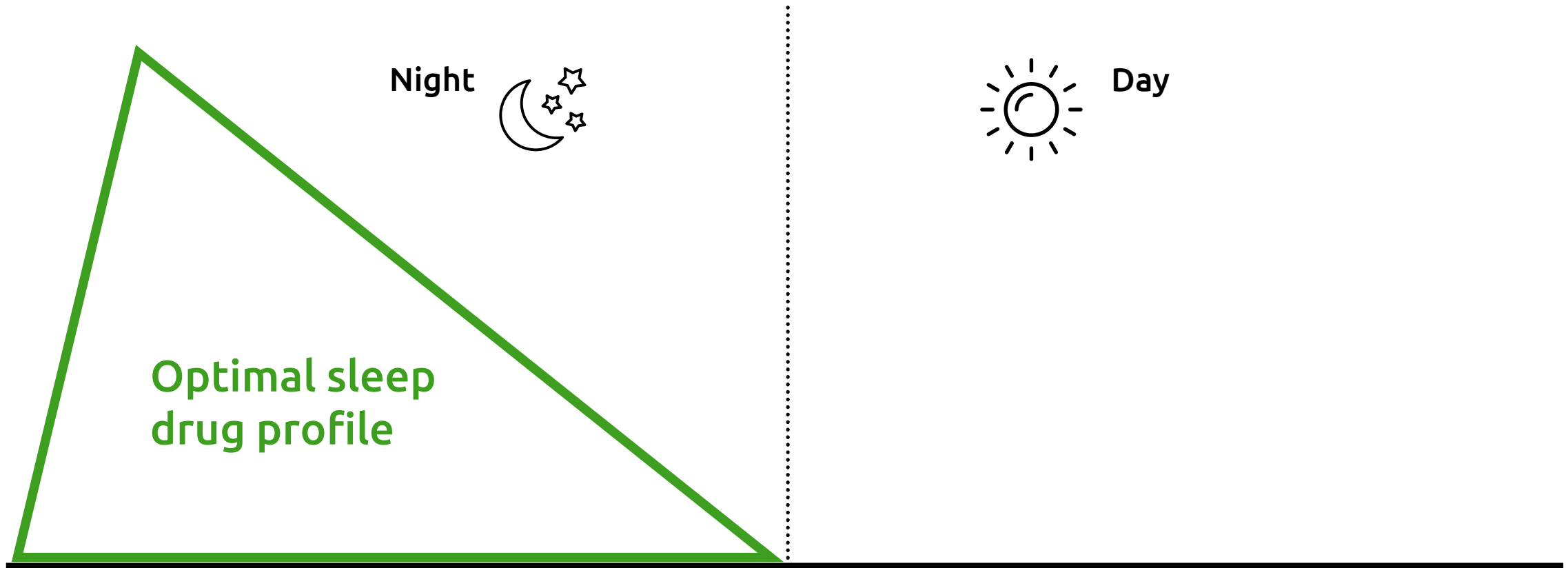
**Scientific product profile (SPP)  
for a next-gen dual orexin  
receptor antagonist**

...and improve their  
daytime functioning.

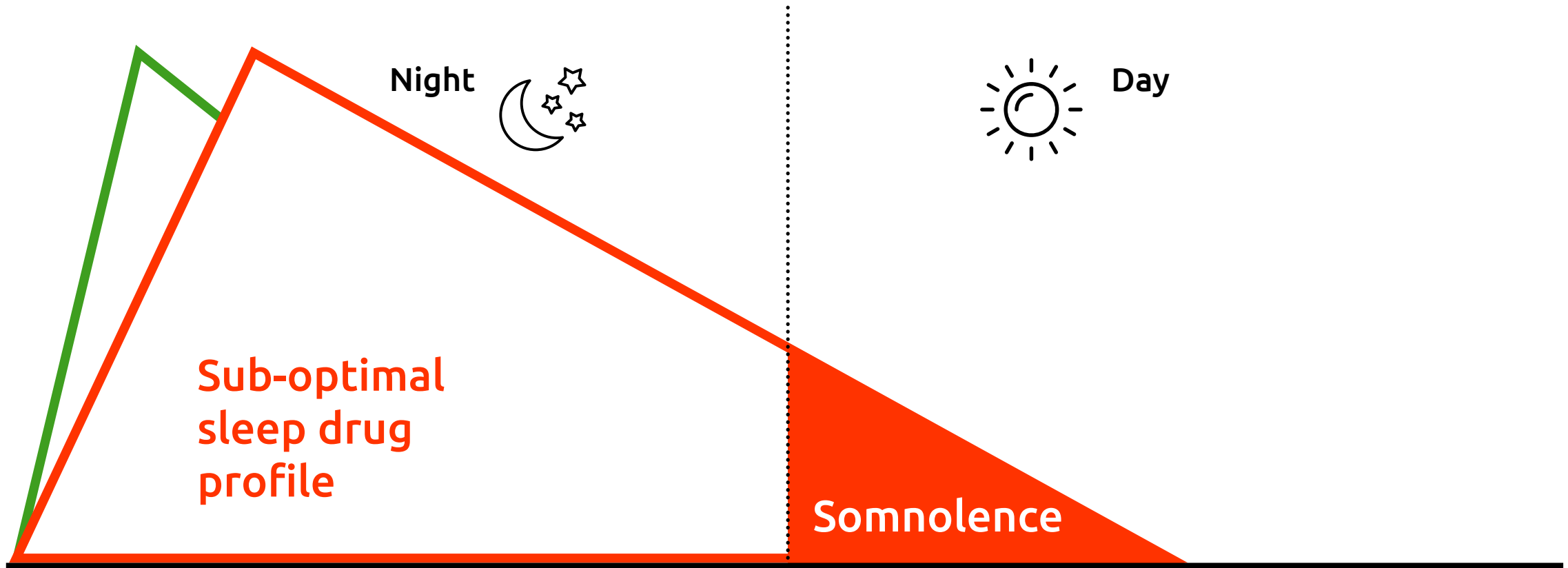


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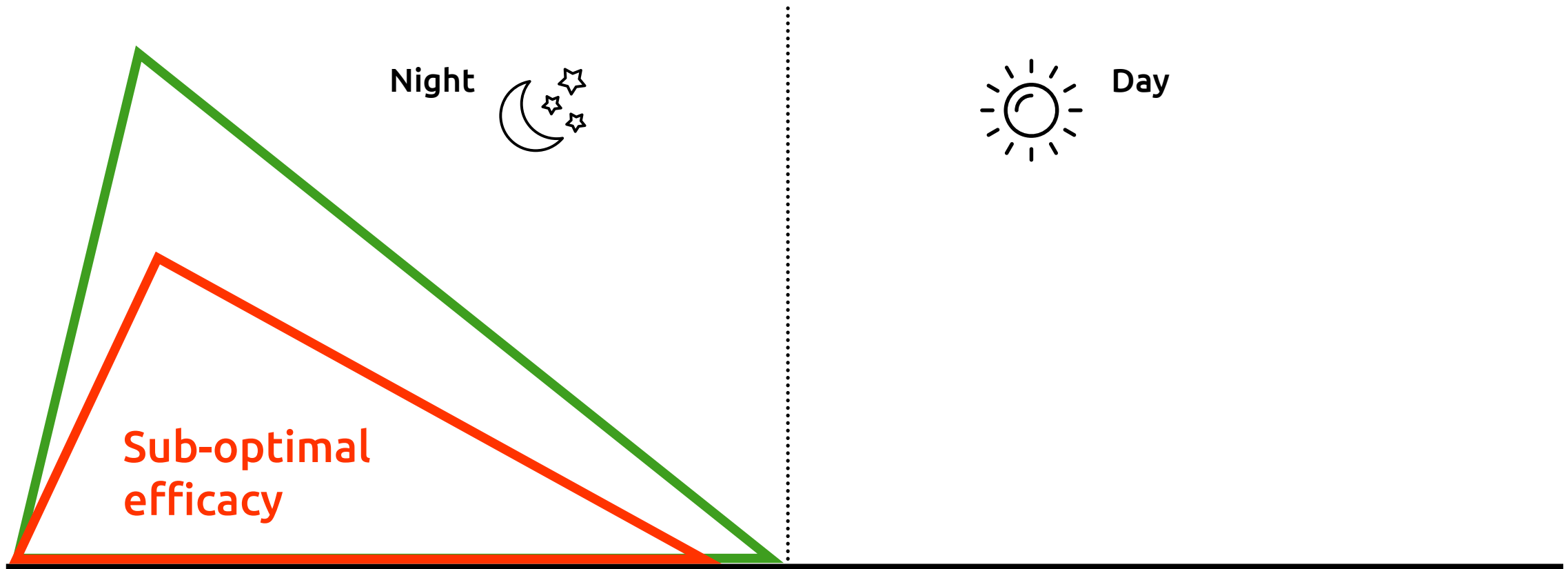
# What was our concept?



# Duration too long results in next-day somnolence

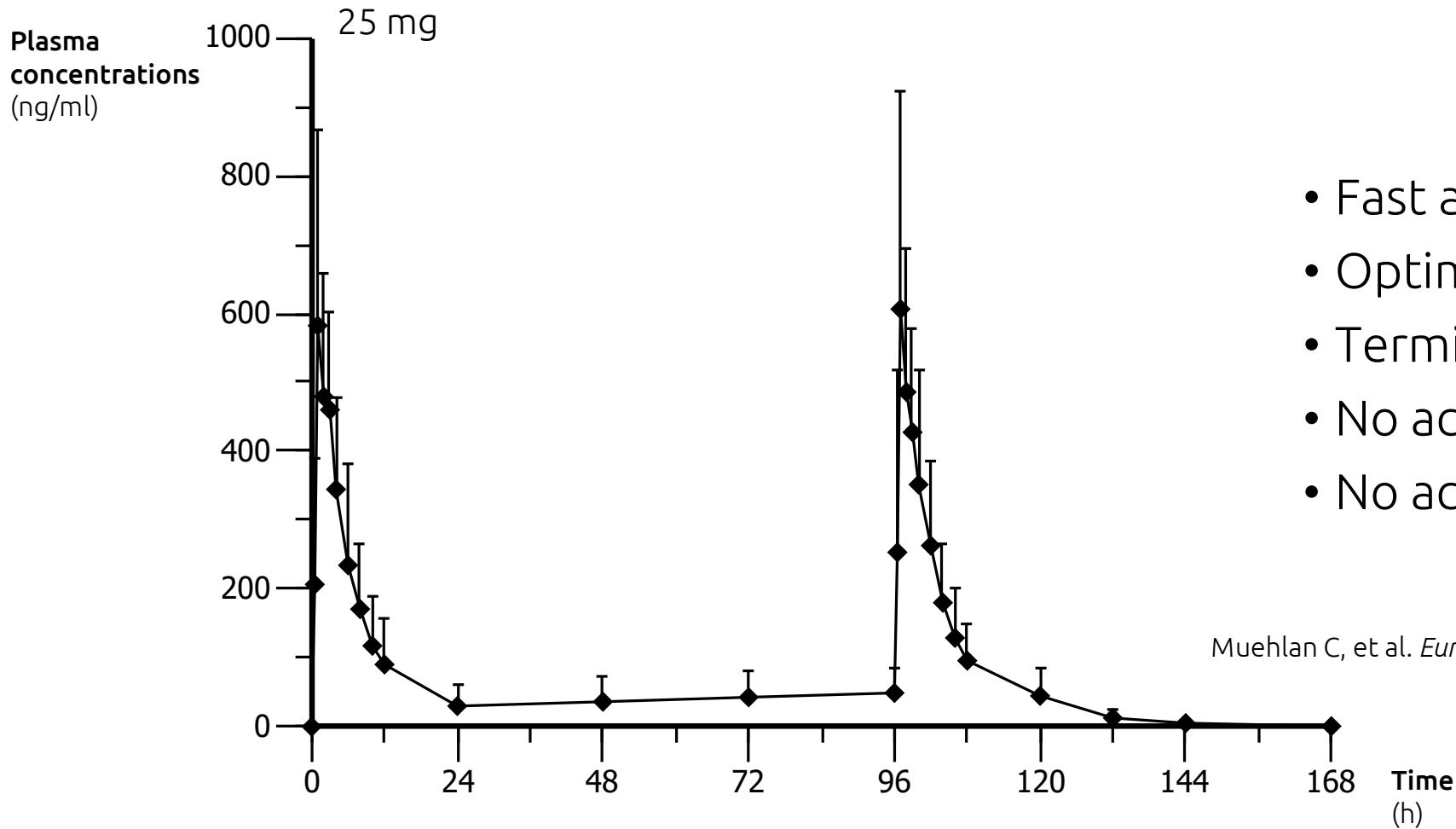


# Reducing dose to remove next-day somnolence results in low efficacy



# Different by design – next generation DORA

Optimized pharmacokinetic profile

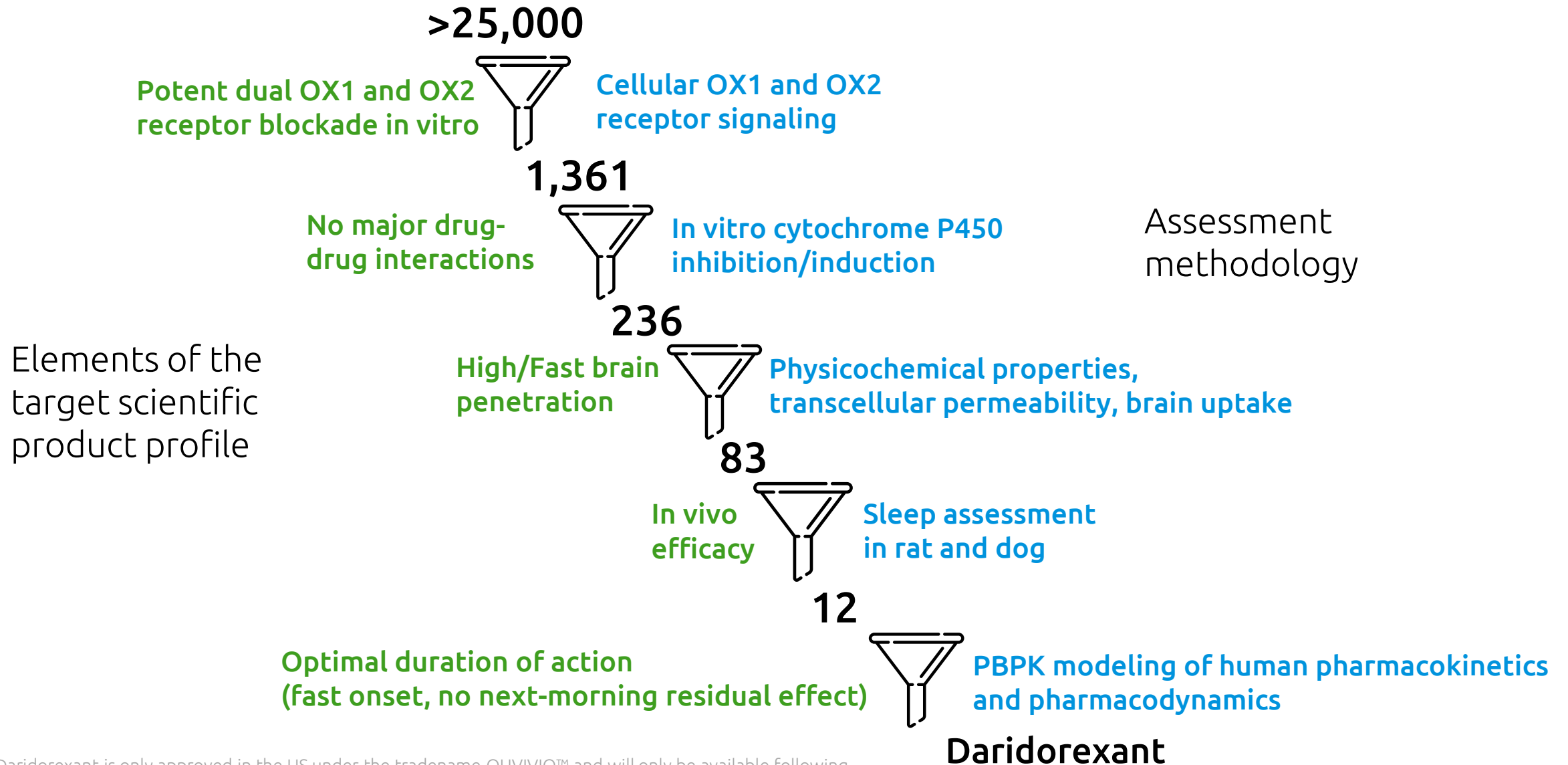


- Fast absorption
- Optimal decline after peak
- Terminal half-life (8 h)
- No accumulation over time
- No active metabolites

Muehlan C, et al. *Eur Neuropsychopharmacol* 2019; 29(7):847-857

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# The desired product profile

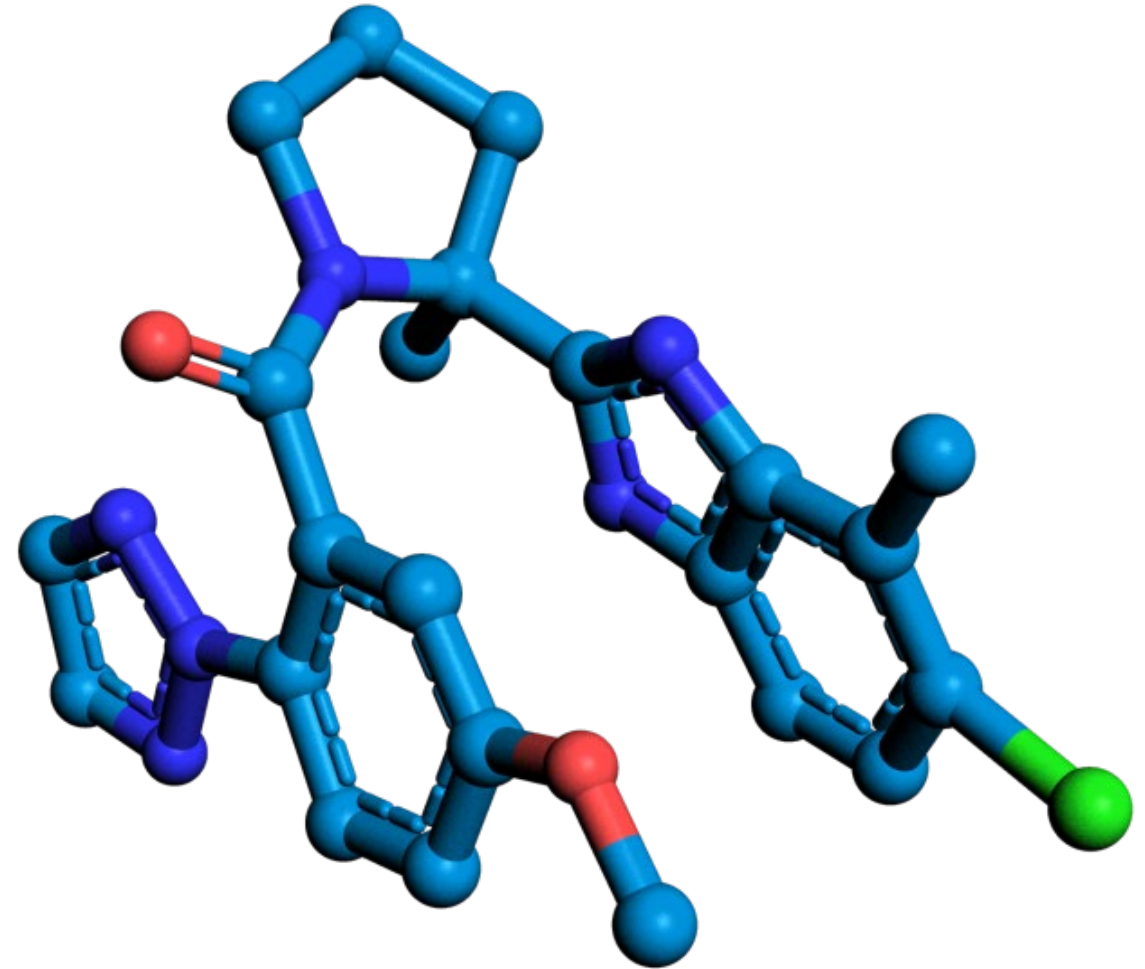


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# The results of > 20 years of drug design

## Preclinical characteristics of daridorexant

- Equipotent antagonism of both orexin receptors OX1 and OX2
- High brain penetration
- Rapid absorption and modeled duration of action of 8 hours
- Very safe in toxicology, no teratogenic or carcinogenic potential
- Chronic efficacy
- Preserves muscular strength and memory, upon awakening
- No abuse potential



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## Safety and efficacy of daridorexant in patients with insomnia disorder: results from two multicentre, randomised, double-blind, placebo-controlled, phase 3 trials



*Emmanuel Mignot, David Mayleben, Ingo Fietze, Damien Leger, Gary Zammit, Claudio L A Bassetti, Scott Pain, Dalma Seboek Kinter, Thomas Roth, on behalf of the investigators\**

### Summary

**Background** Daytime functioning is impaired in people with insomnia disorder. Currently available dual orexin receptor antagonists have shown efficacy in insomnia disorder, but do not address all aspects of this disease. We aimed to assess safety and efficacy of daridorexant, a novel orexin receptor antagonist, on night-time and daytime symptoms of insomnia.

I

*Lancet Neurol* 2022; 21: 125–39

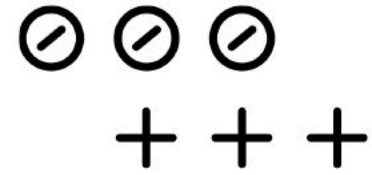
See [Comment](#) page 104

\*Investigators are listed in the appendix (p 3)

Stanford Center for Sleep

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# Guy Braunstein

Head of Global Clinical  
Development



Daridorexant – The Lancet Neurology

# Safety and efficacy of daridorexant in patients with insomnia disorder: results from two multicentre, randomised, double-blind, placebo-controlled, phase 3 trials

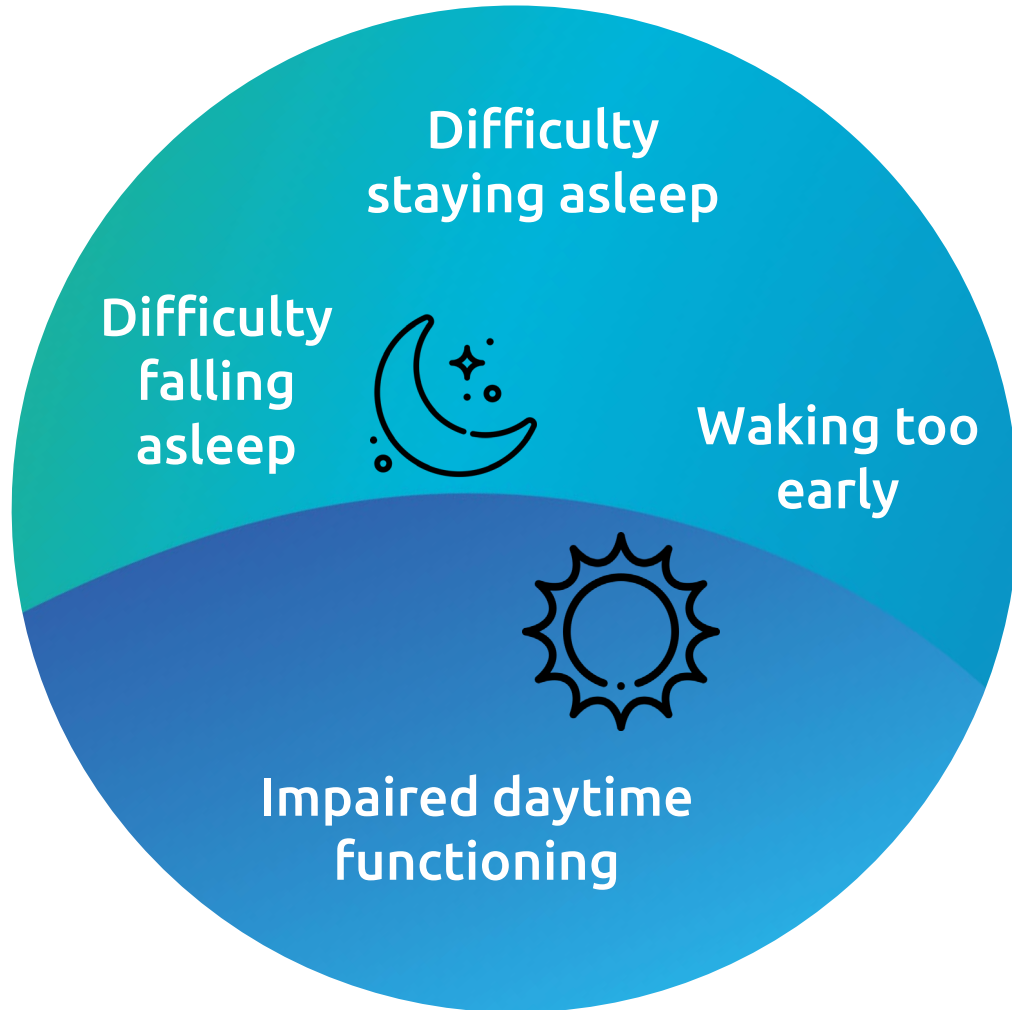
Emmanuel Mignot, David Mayleben, Ingo Fietze, Damien Leger, Gary Zammit, Claudio LA Bassetti, Scott Pain, Dalma Seboek Kinter, Thomas Roth, on behalf of the investigators\*

**Interpretation** Daridorexant 25 mg and 50 mg improved sleep outcomes, and daridorexant 50 mg also improved daytime functioning, in people with insomnia disorder, with a favourable safety profile.

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Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39

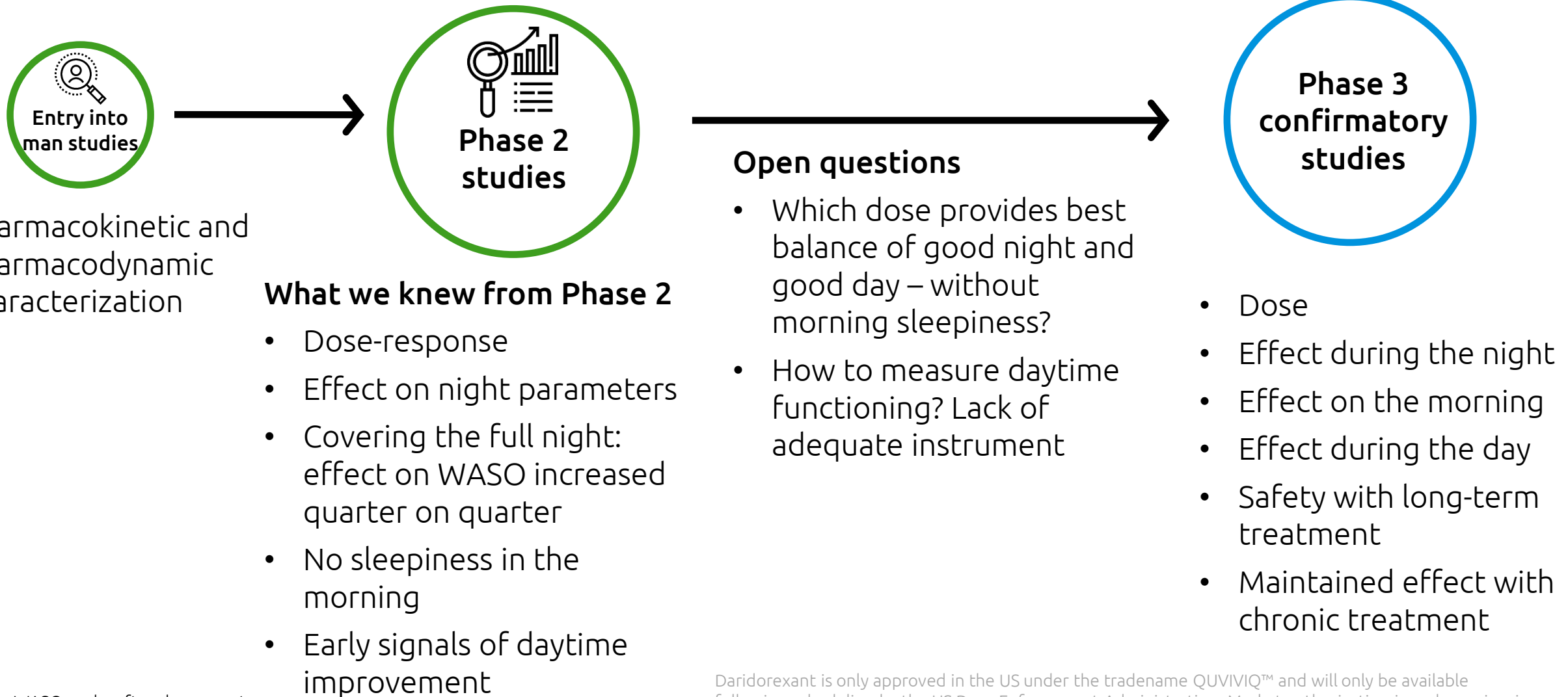
# Insomnia: A disease of the night and the day



- Insomnia is primarily a **subjective patient experience**
- Aligned with **DSM-5** definition, insomnia affects both **night** and **day**
- Patient input: **daytime symptoms** and **total sleep time** are the **major concerns**
- Daytime symptoms have been **largely ignored** by insomnia drug development

Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5®)

# Designing the Phase 3 Program



WASO, wake after sleep onset

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# How to measure daytime functioning?

Developing and validating the Insomnia Daytime Symptoms and Impacts Questionnaire (IDSIQ)

## Literature review

- The best starting point: DISS – Daytime Insomnia Symptom Scale\*

## The development

- Qualitative patient interviews
- Reflect the patient voice

## The psychometric validation

- IDSIQ quantitative analysis
  - Healthy participants
  - Insomnia patients

## The final IDSIQ instrument

- FDA validated
- Meaningful change defined

\*Buysse, D.J. et al. *Sleep Med.* 2007; 8(3): 198–208

Published in a peer-reviewed journal

Hudgens S, et al. *Patient.* 2021; 14, 249–268

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# Subjective assessment of daytime functioning

## Insomnia Daytime Symptoms and Impacts Questionnaire (IDSIQ)

### Measures

**Item 1.** How **clear-headed** did you feel today?

**Item 2.** How well were you able to **concentrate** today?

**Item 3.** How **forgetful** did you feel today?

**Item 4.** How **worried** did you feel today?

**Item 5.** How **frustrated** by your lack of sleep did you feel today?

**Item 6.** How **irritable** did you feel today?

**Item 7.** How **stressed** did you feel today?

**Item 8.** How **energetic** did you feel today?

**Item 9.** How **much of an effort** was it to perform daily activities (i.e. reading, cleaning, work, school) today?

**Item 10.** How **refreshed** did you feel today?

**Item 11.** How **mentally tired** did you feel today?

**Item 12.** How **physically tired** did you feel today?

**Item 13.** How **sleepy** did you feel today?

**Item 14.** How **awake** did you feel today?

“Alert/cognition”  
domain score  
(0-60)

“Mood”  
domain score  
(0-40)

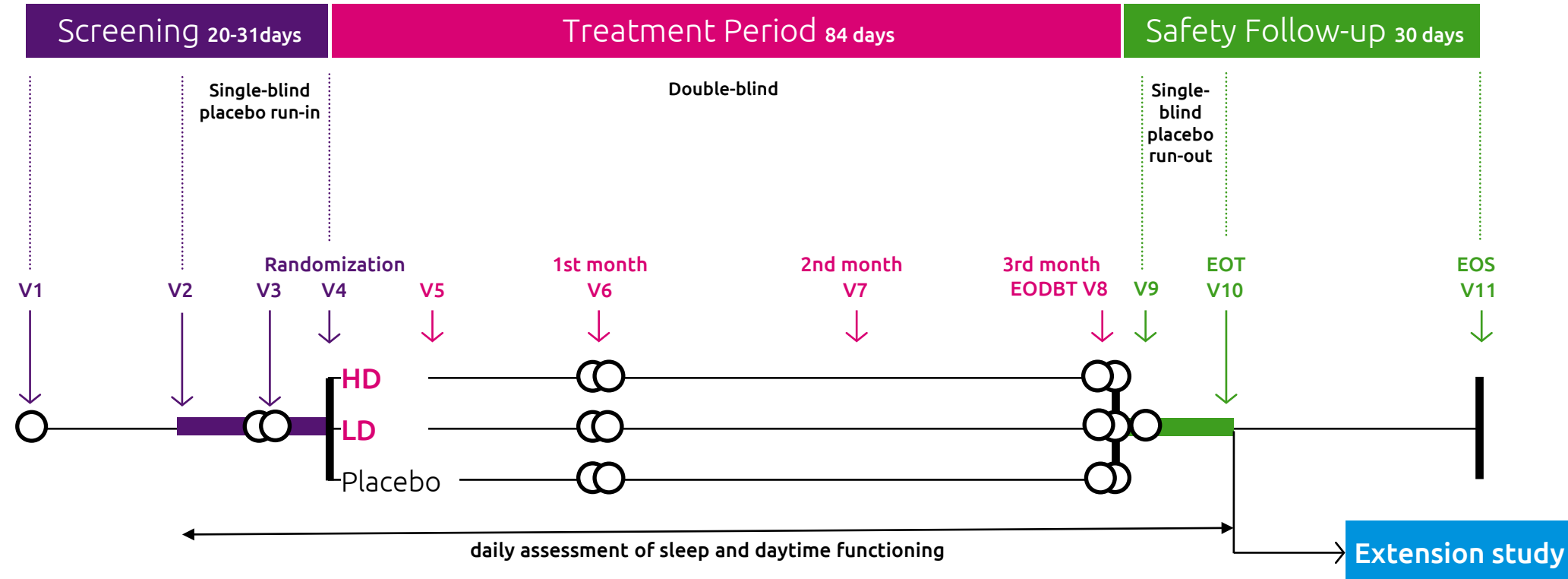
“Sleepiness”  
domain score  
(0-40)

Items are ranked on a numeric rating scale from 0-10

The screenshot shows the IDSIQ mobile application interface. At the top, it says 'IDSIQ™' and '19:30'. The main instruction is: 'Please tap a number to best describe how you felt on average during the daytime today.' Below this, item 11 is displayed: '11. How mentally tired did you feel today?'. A numeric rating scale from 0 to 10 is shown, with '0' selected. Below the scale, 'Not at all mentally tired' is written under '0' and 'Very mentally tired' is written under '10'. At the bottom, there are 'Back' and 'Next' buttons.

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# Two Phase 3 studies – similar design



V = site visit  
 ○ = 1 polysomnography night  
 ○○ = 2 consecutive polysomnography nights

**EODBT** = End of double-blind treatment  
**EOT** = End-of-Treatment  
**EOS** = End-of-Study  
**HD** = High dose, 50 mg (study 1) or 25 mg (study 2)  
**LD** = Low dose, 25 mg (study 1) or 10 mg (study 2)

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# Key assessments

## Objective sleep assessment

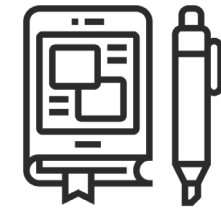


Objective measures of night parameters by **polysomnography (PSG)** in the sleep lab

## Patient oriented outcome daily recorded



Subjective measures of night parameters by the **sleep diary questionnaire (SDQ)**



Assessment of impact of insomnia during the day by the **insomnia daytime symptoms and impact questionnaire (IDSIQ)**



# Sleep diary questionnaire (SDQ)

Daily recording



## Morning questionnaire

- 10 questions related to medication, quantification of sleep, awakenings
- 3 visual analog scales related to quality and deepness of sleep and sleepiness in the morning

## Evening questionnaire

- 2 questions related to napping
- 2 visual analog scales related to alertness and ability to perform

→ **Total sleep time**  
Secondary endpoint

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# Primary and secondary endpoints

Study-wise type 1 error controlled at 0.05 (across 16 comparisons to placebo)

## Two primary endpoints (night)

- Wake after sleep onset by PSG
- Latency to persistent sleep by PSG



## Two studies / three doses

- Study 1: 50 mg / 25 mg vs. placebo
- Study 2: 25 mg / 10 mg vs. placebo

## Two secondary endpoints (night and day patients' feeling)

- Subjective total sleep time by SDQ
- Sleepiness score during the day by IDSIQ

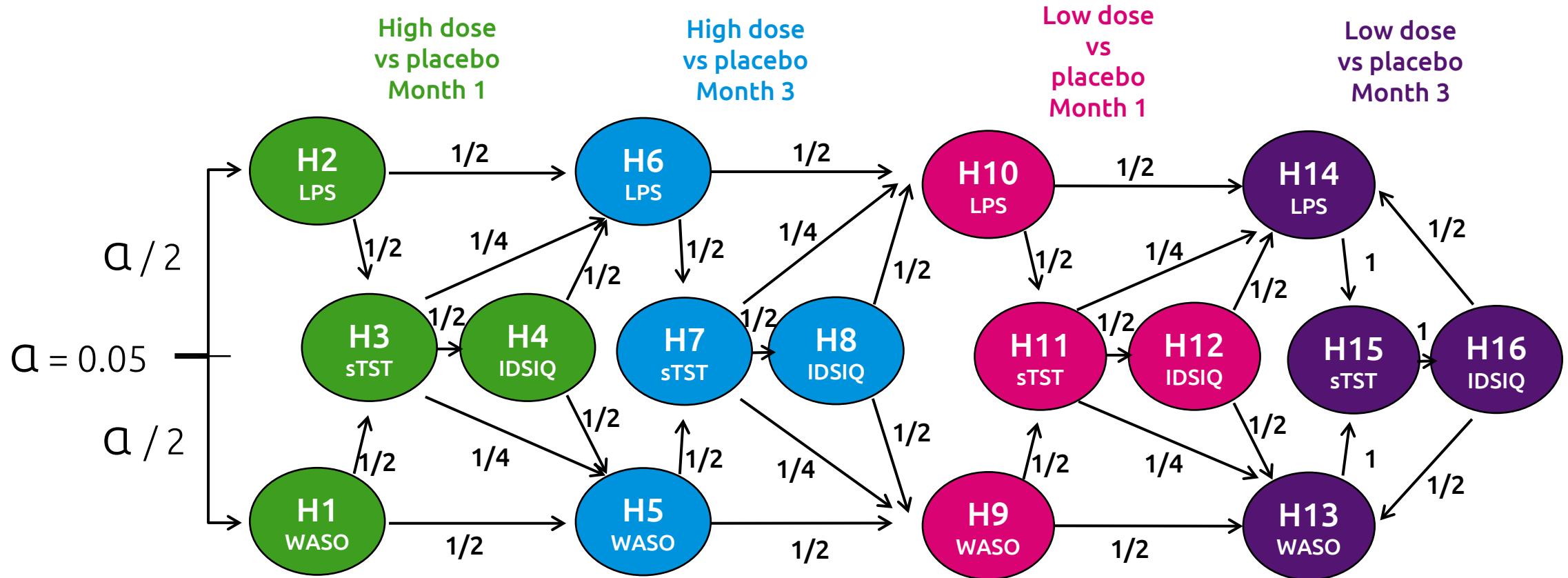


## Two assessment time points

- Month 1
- Month 3

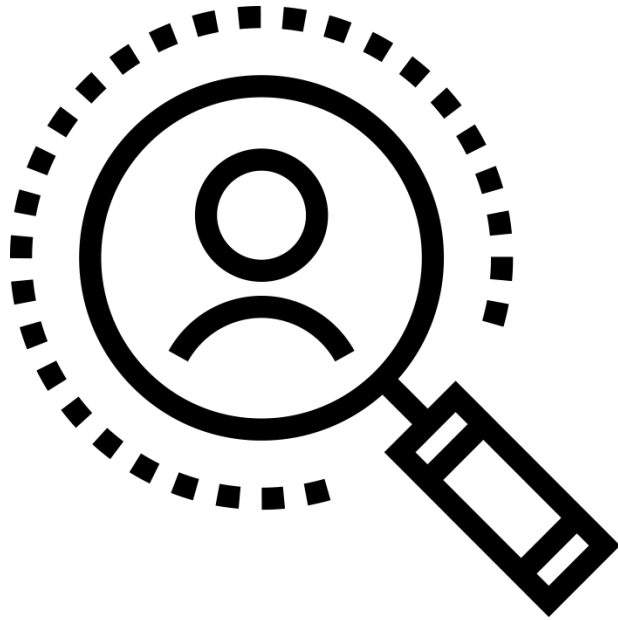
# Statistical design and hypothesis testing

Type I error controlled across 16 endpoint measures



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# Exploratory endpoints



- TST and percentage in **each sleep phase** (PSG)
- Morning VAS for **depth and quality of sleep**
- Changes in **Insomnia Severity Index** (ISI) score
- Changes in **other IDSIQ domain scores**
- Evening VAS for **daytime ability to function** and **daytime alertness**
- **Adverse events**
- **Withdrawal**
- **Rebound**

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# Patient demographics

	Study 1			Study 2		
	Dari 50 mg (n = 310)	Dari 25 mg (n = 310)	Placebo (n = 310)	Dari 25 mg (n = 309)	Dari 10 mg (n = 307)	Placebo (n = 308)
<b>Sex</b>						
Female	199 (64%)	215 (69%)	210 (68%)	218 (71%)	215 (70%)	205 (67%)
Male	111 (36%)	95 (31%)	100 (32%)	91 (29%)	92 (30%)	103 (33%)
<b>Age at screening, years – mean (SD)</b>	55.5 (15.3)	55.8 (15.3)	55.1 (15.4)	56.3 (14.4)	57.1 (14.0)	56.7 (14.1)
<b>Age group, years</b>						
<65	189 (61%)	189 (61%)	188 (61%)	188 (61%)	186 (61%)	187 (61%)
≥65	121 (39%)	121 (39%)	122 (39%)	121 (39%)	121 (39%)	121 (39%)
<b>Race</b>						
White	274 (88%)	287 (93%)	278 (90%)	271 (88%)	273 (89%)	267 (87%)
Black or African American	30 (10%)	19 (6%)	28 (9%)	26 (8%)	16 (5%)	29 (9%)
Asian	4 (1%)	3 (1%)	2 (1%)	11 (4%)	14 (5%)	10 (3%)
Other	2 (1%)	1 (<1%)	2 (1%)	1 (<1%)	4 (1%)	2 (1%)
<b>Geographical location</b>						
USA	97 (31%)	99 (32%)	104 (34%)	108 (35%)	103 (34%)	114 (37%)
Non-USA	213 (69%)	211 (68%)	206 (66%)	201 (65%)	204 (66%)	194 (63%)
<b>Body-mass index, kg/m<sup>2</sup></b>	26.3 (4.3)	26.6 (4.4)	26.4 (4.1)	26.1 (4.2)	26.0 (4.3)	26.2 (4.3)
<25.0	127 (41%)	122 (39%)	118 (38%)	135 (44%)	146 (48%)	135 (44%)
25.0 to ≤30	128 (41%)	125 (40%)	135 (44%)	120 (39%)	114 (37%)	119 (39%)
>30	55 (18%)	63 (20%)	57 (18%)	54 (17%)	47 (15%)	54 (18%)

# Patient baseline characteristics

Stringent selection criteria results in patient population with chronic insomnia

	Study 1			Study 2		
	Dari 50 mg (n = 310)	Dari 25 mg (n = 310)	Placebo (n = 310)	Dari 25 mg (n = 309)	Dari 10 mg (n = 307)	Placebo (n = 308)
<b>Time since insomnia diagnosis, years</b>	10.7 (10.7)	10.2 (10.1)	11.0 (10.5)	11.7 (11.9)	12.1 (12.0)	10.5 (10.5)
<b>Night-time efficacy variables</b>						
WASO, min	95.5 (37.8)	97.9 (38.8)	102.5 (40.8)	106.0 (49.1)	104.6 (46.2)	108.1 (48.7)
LPS, min	63.6 (37.4)	67.3 (38.6)	66.5 (39.8)	68.9 (40.5)	67.4 (41.7)	71.8 (46.1)
Self-reported total sleep time, min	313.2 (57.6)	309.8 (60.1)	315.9 (53.1)	308.5 (52.8)	308.4 (51.4)	307.6 (51.5)
Total sleep time, min	328.3 (50.2)	322.5 (55.1)	318.6 (54.4)	312.6 (68.8)	316.2 (63.5)	307.4 (69.0)
<b>Insomnia Severity Index score</b>	19.3 (4.0)	19.0 (4.3)	19.2 (4.0)	19.5 (4.0)	19.9 (3.8)	19.6 (4.1)
<b>IDSIQ sleepiness domain score</b>	22.5 (7.2)	22.1 (6.9)	22.3 (6.9)	22.2 (6.2)	22.7 (6.3)	22.6 (5.8)

Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39

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# Comprehensive set of results published

Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39

## Results

Between June 4, 2018, and Feb 25, 2020, 3326 participants were screened for inclusion in study 1, of whom 930 were randomly assigned to receive daridorexant 25 mg (n=310), daridorexant 50 mg (n=310), or placebo (n=310). Between May 29, 2018, and May 14, 2020, 3683 participants were screened for inclusion in study 2...

### Supplementary appendix

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to: Mignot E, Mayleben D, Fietze I, et al. Safety and efficacy of daridorexant in patients with insomnia disorder: results from two multicentre, randomised, double-blind, placebo-controlled, phase 3 trials. *Lancet Neurol* 2022; 21: 125–39.

In the following slides we present **Study 1, 25 mg** and **50 mg**, efficacy results

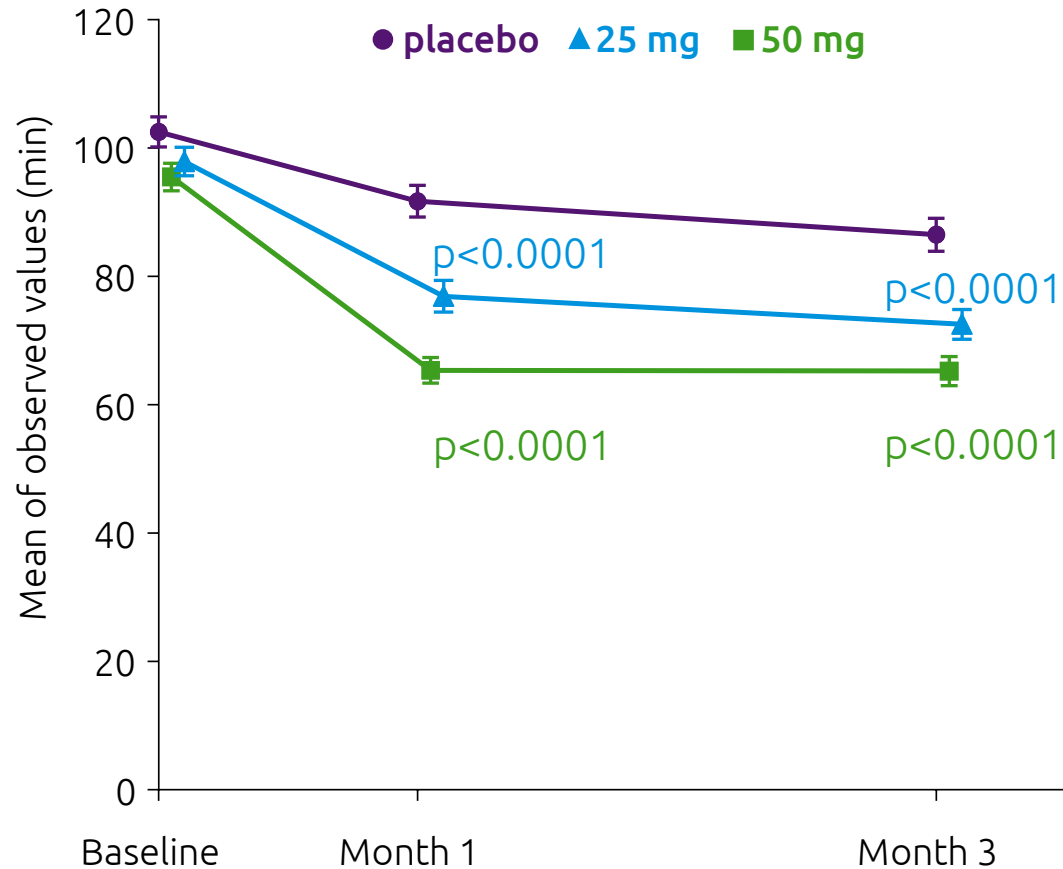
In **Study 2, 10 mg** did not provide benefit while **25 mg** was consistent between the two studies

Safety data from both studies will be presented

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# 1<sup>o</sup> endpoint: Wake after sleep onset (WASO)

A measure of sleep maintenance



Daridorexant 25 mg and 50 mg significantly improved WASO compared to placebo at months 1 and 3

## LSM change from baseline (95% CI)

	Month 1	Month 3
<b>Placebo</b>	<b>-6.2</b> (-9.9 to -2.5)	<b>-11.1</b> (-15.1 to -7.1)
<b>Daridorexant 25 mg</b>	<b>-18.4</b> (-22.1 to -14.7)	<b>-23.0</b> (-27.0 to -19.0)
LSM difference compared with placebo (95% CI)	<b>-12.2</b> (-17.4 to -7.0)	<b>-11.9</b> (-17.5 to -6.2)
<b>Daridorexant 50 mg</b>	<b>-29.0</b> (-32.7 to -25.3)	<b>-29.4</b> (-33.4 to -25.4)
LSM difference compared with placebo (95% CI)	<b>-22.8</b> (-28.0 to -17.6)	<b>-18.3</b> (-23.9 to -12.7)

CI = confidence interval; LSM = least squares mean

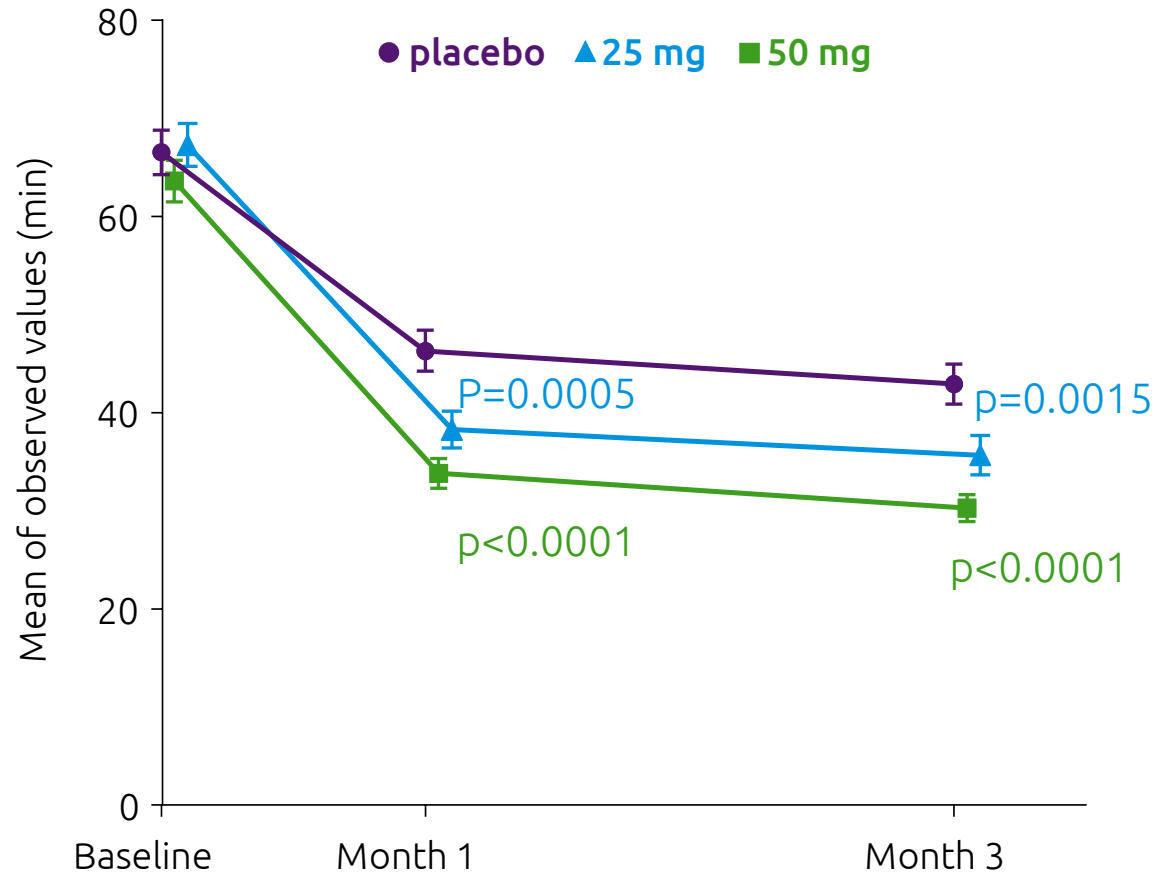
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Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39



# 1<sup>o</sup> endpoint: Latency to persistent sleep (LPS)

A measure of sleep onset



Daridorexant 25 mg and 50 mg significantly improved LPS compared to placebo at months 1 and 3

LSM change from baseline (95% CI)

	Month 1	Month 3
<b>Placebo</b>	<b>-19.9</b> (-23.2 to -16.5)	<b>-23.1</b> (-26.5 to -19.8)
<b>Daridorexant 25 mg</b>	<b>-28.2</b> (-31.5 to -24.8)	<b>-30.7</b> (-34.0 to -27.4)
LSM difference compared with placebo (95% CI)	<b>-8.3</b> (-13.0 to -3.6)	<b>-7.6</b> (-12.3 to -2.9)
<b>Daridorexant 50 mg</b>	<b>-31.2</b> (-34.5 to -27.9)	<b>-34.8</b> (-38.1 to -31.5)
LSM difference compared with placebo (95% CI)	<b>-11.4</b> (-16.0 to -6.7)	<b>-11.7</b> (-16.3 to -7.0)

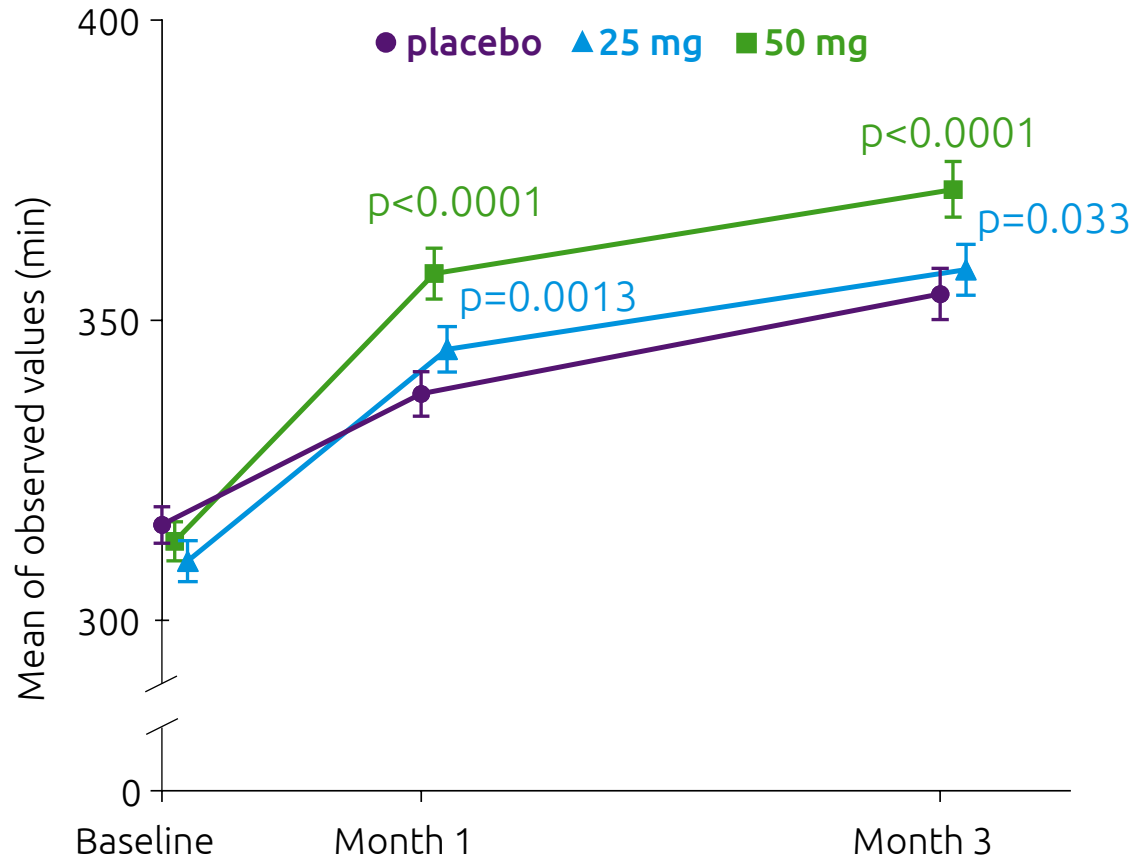
CI = confidence interval; LSM = least squares mean

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Mignot E, et al. *Lancet Neurol* 2022; 21: 125–39

# 2<sup>o</sup> endpoint: Subjective Total Sleep Time (sTST)

A measure of how the patient think they slept



Daridorexant 25 mg and 50 mg significantly improved sTST compared to placebo at months 1 and 3

## LSM change from baseline (95% CI)

	Month 1	Month 3
<b>Placebo</b>	<b>21.6</b> (16.1 to 27.0)	<b>37.9</b> (31.4 to 44.4)
<b>Daridorexant 25 mg</b>	<b>34.2</b> (28.7 to 39.6)	<b>47.8</b> (41.3 to 54.3)
LSM difference compared with placebo (95% CI)	<b>12.6</b> (5.0 to 20.3)	<b>9.9</b> (0.8 to 19.1)
<b>Daridorexant 50 mg</b>	<b>43.6</b> (38.2 to 49.1)	<b>57.7</b> (51.2 to 64.2)
LSM difference compared with placebo (95% CI)	<b>22.1</b> (14.4 to 29.7)	<b>19.8</b> (10.6 to 28.9)

CI = confidence interval; LSM = least squares mean

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# Further analysis of the night...

Visual Analogue Scale (VAS)

## Proportion of sleep time in each stage

The proportion of sleep time spent in **each sleep stage** was preserved across all treatment groups as was sleep continuity at months 1 and 3

## Quality of sleep

VAS scores for **depth and quality of sleep** were numerically higher at months 1 and 3 for daridorexant versus placebo

## Depth of sleep

## Insomnia Severity Index (ISI)

**ISI scores** were numerically lower at months 1 and 3 for daridorexant versus placebo

None of these endpoints were statistically tested

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# 2<sup>o</sup> endpoint: IDSIQ sleepiness domain

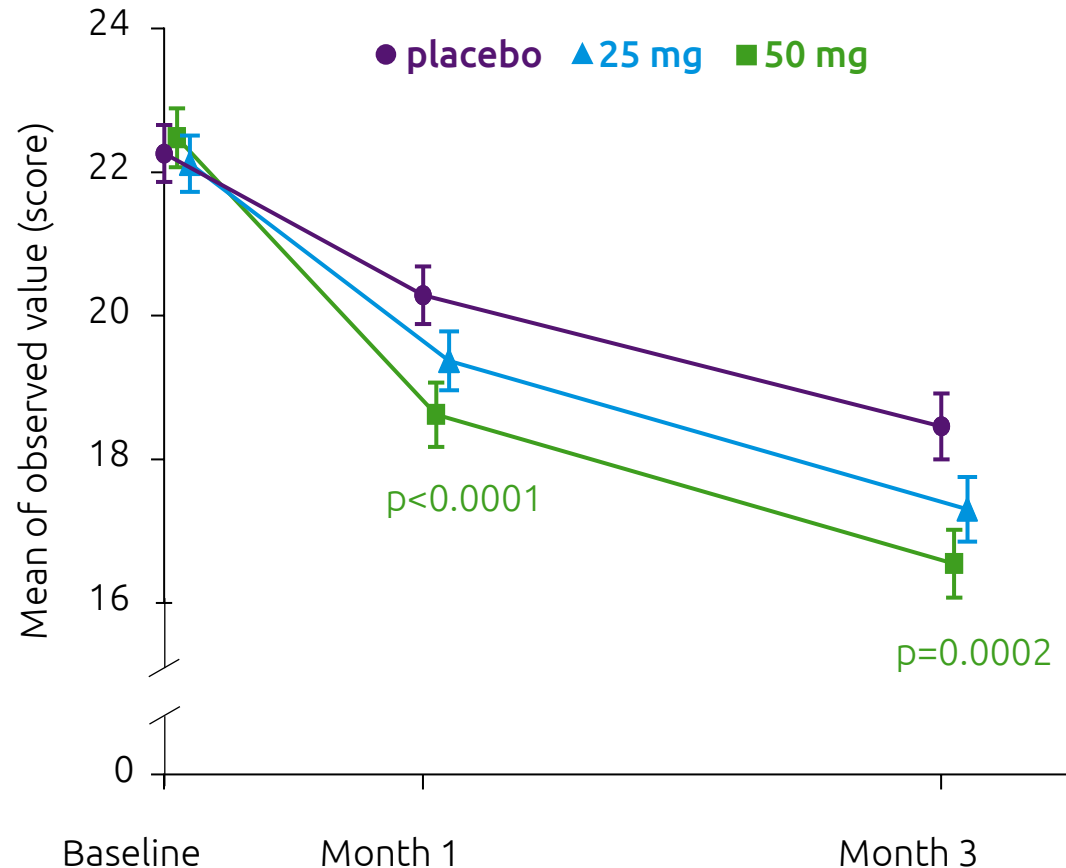
A measure of daytime functioning

How **energetic** did you feel today?

How **mentally tired** did you feel today?

How **physically tired** did you feel today?

How **sleepy** did you feel today?



Daridorexant 50 mg significantly improved IDSIQ sleepiness domain score compared to placebo at months 1 and 3

## LSM change from baseline (95% CI)

	Month 1	Month 3
<b>Placebo</b>	<b>-2.0</b> (-2.6 to -1.5)	<b>-3.8</b> (-4.5 to -3.1)
<b>Daridorexant 25 mg</b>	<b>-2.8</b> (-3.3 to -2.2)	<b>-4.8</b> (-5.5 to -4.1)
LSM difference compared with placebo (95% CI)	<b>-0.8</b> (-1.5 to 0.01)	<b>-1.0</b> (-2.0 to 0.01)
<b>Daridorexant 50 mg</b>	<b>-3.8</b> (-4.3 to -3.2)	<b>-5.7</b> (-6.4 to -5.0)
LSM difference compared with placebo (95% CI)	<b>-1.8</b> (-2.5 to -1.0)	<b>-1.9</b> (-2.9 to -0.9)

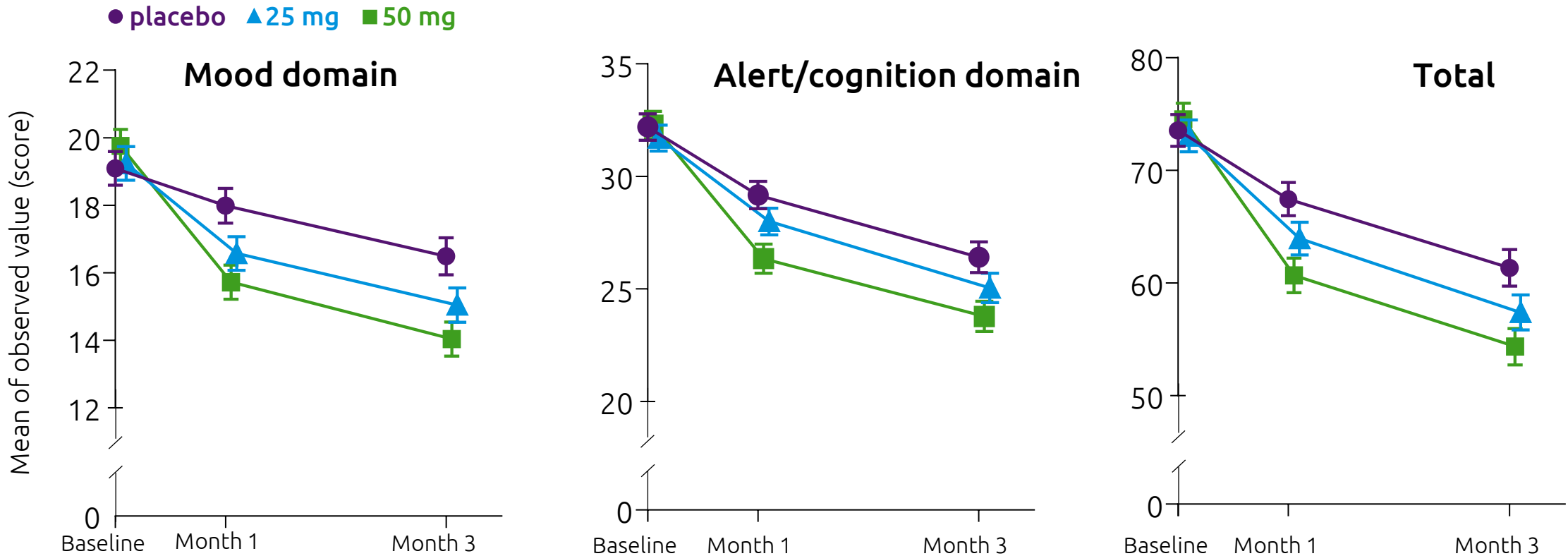
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# Exploratory endpoints: IDSIQ other scores

A measure of daytime functioning



IDSIQ mood domain, alert/cognition domain, and total scores at both timepoints were reduced (improved) (all nominal p-values for daridorexant 50 mg versus placebo  $\leq 0.0005$ ; not adjusted for multiplicity)

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# Further analysis of the day...

Visual Analogue Scale (VAS)

**Ability to  
function**

**Daytime  
alertness**

**Morning  
sleepiness**

**VAS scores for  
ability to function and  
daytime alertness** were  
higher at months 1 and 3  
for daridorexant versus  
placebo

**VAS scores for  
morning sleepiness** showed  
numerical improvements at  
months 1 and 3 for  
daridorexant versus placebo

None of these endpoints were statistically tested

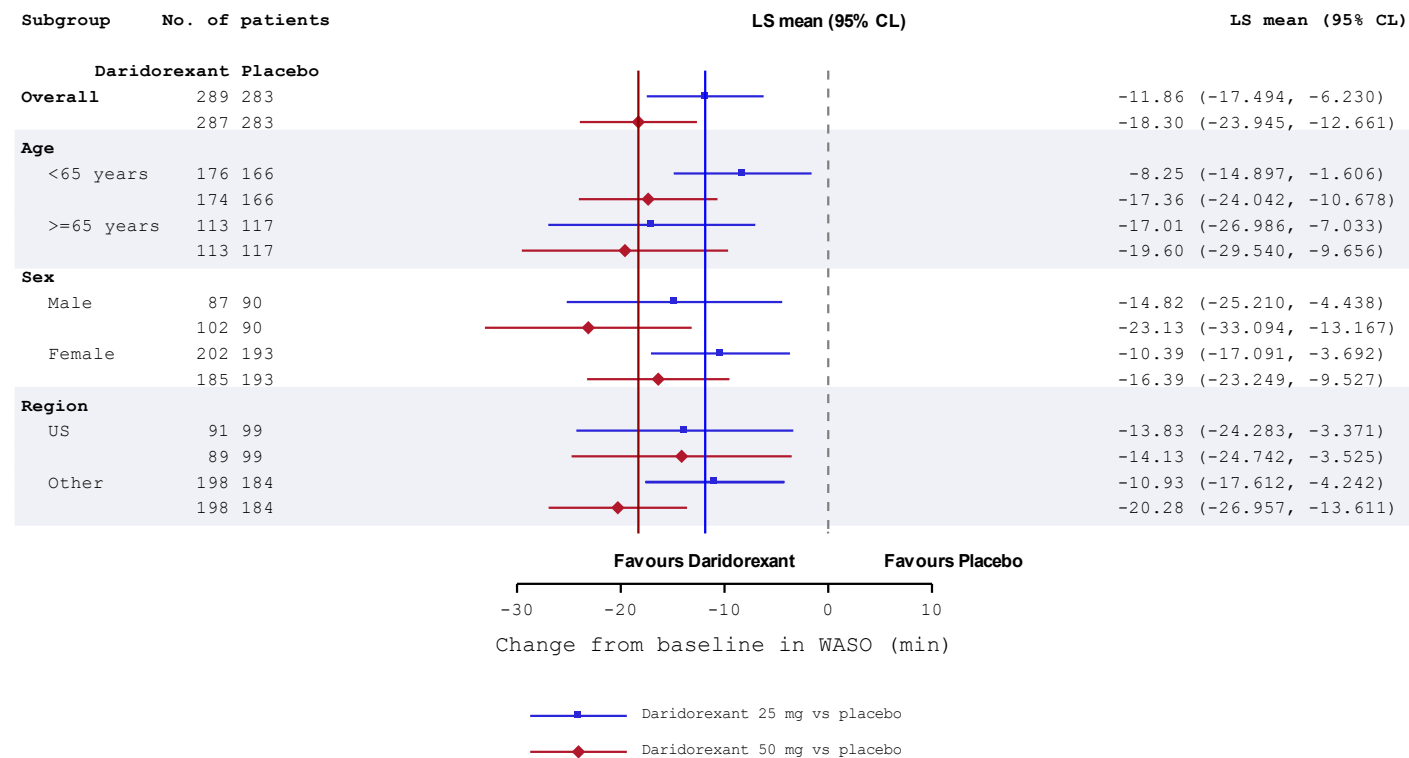
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# Subgroup

The effect of daridorexant on WASO, LPS, self-reported total sleep time, and IDSIQ sleepiness domain score was consistent in adults and older adults and across sex and geographical location

E.g., WASO by subgroup in Study 1 – Month 3



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# Adverse events

In the safety analysis population (n=1847)

	Study 1			Study 2		
	Dari 50 mg (n = 308)	Dari 25 mg (n = 310)	Placebo (n = 309)	Dari 25 mg (n = 308)	Dari 10 mg (n = 306)	Placebo (n = 306)
<b>Participants with ≥1 adverse event*</b>	<b>116 (38%)</b>	<b>117 (38%)</b>	<b>105 (34%)</b>	<b>121 (39%)</b>	<b>117 (38%)</b>	<b>100 (33%)</b>
<b>Adverse events* leading to treatment discontinuation</b>	<b>3 (1%)</b>	<b>7 (2%)</b>	<b>10 (3%)</b>	<b>4 (1%)</b>	<b>6 (2%)</b>	<b>7 (2%)</b>
<b>Participants with ≥1 serious adverse event</b>	<b>3 (1%)</b>	<b>2 (1%)</b>	<b>7 (2%)</b>	<b>3 (1%)</b>	<b>3 (1%)</b>	<b>4 (1%)</b>
<b>Participants with adverse event* (≥2% in any group)</b>						
Nasopharyngitis	20 (6%)	21 (7%)	20 (6%)	13 (4%)	32 (10%)	16 (5%)
Headache	19 (6%)	16 (5%)	12 (4%)	15 (5%)	12 (4%)	11 (4%)
Accidental overdose	8 (3%)	4 (1%)	5 (2%)	4 (1%)	4 (1%)	1 (<1%)
Fatigue	7 (2%)	7 (2%)	2 (1%)	11 (4%)	7 (2%)	2 (1%)
Dizziness	7 (2%)	6 (2%)	2 (1%)	6 (2%)	4 (1%)	4 (1%)
Nausea	7 (2%)	1 (<1%)	3 (1%)	2 (1%)	3 (1%)	3 (1%)
Somnolence	5 (2%)	11 (4%)	6 (2%)	10 (3%)	6 (2%)	4 (1%)
Fall	1 (<1%)	1 (<1%)	8 (3%)	3 (1%)	4 (1%)	3 (1%)
Upper respiratory tract infection	1 (<1%)	1 (<1%)	3 (1%)	3 (1%)	5 (2%)	6 (2%)

Data are n (%). The safety analysis population included all participants who received at least one dose of double-blind treatment. \*Adverse events that occurred during the double-blind treatment period in the safety population are included in the table and presented with their preferred terms.

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# Adjudicated adverse events

In the safety analysis population (n=1847)

	Study 1			Study 2		
	Dari 50 mg (n = 308)	Dari 25 mg (n = 310)	Placebo (n = 309)	Dari 25 mg (n = 308)	Dari 10 mg (n = 306)	Placebo (n = 306)
<b>Adjudicated adverse events†</b>						
Excessive daytime sleepiness	1 (<1%)	2 (1%)	1 (<1%)	4 (1%)	1 (<1%)	1 (<1%)
Sleep paralysis	1 (<1%)	1 (<1%)	0	2 (1%)	0	0
Hallucinations	0	1 (<1%)	0	1 (<1%)	0	0
Suicidal ideation or self-injury‡	0	0	0	1 (<1%)	1 (<1%)	0

Data are n (%). The safety analysis population included all participants who received at least one dose of double-blind treatment. †Adjudicated adverse events were reported during the double-blind treatment up to 30 days after the end of treatment or date of enrolment into the extension trial and were adjudicated blindly by an independent safety board. ‡Adjudicated adverse events belonging to the category suicidal ideation or self-injury (preferred term: suicidal ideation) were reported in two participants, one in each daridorexant group in study 2; both patients had pre-existing medical conditions (paranoid schizophrenia or depression) and the independent safety board adjudicated both adverse events as potentially related to trial treatment.

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# Adverse events by age subgroup in Study 1

	<65 years			≥65 years		
	Dari 50 mg (n = 189)	Dari 25 mg (n = 189)	Placebo (n = 187)	Dari 50 mg (n = 119)	Dari 25 mg (n = 121)	Placebo (n = 122)
<b>Patients with ≥1 adverse event – n (%)</b>	<b>74 (39.2)</b>	<b>78 (41.3)</b>	<b>67 (35.8)</b>	<b>42 (35.3)</b>	<b>39 (32.2)</b>	<b>38 (31.1)</b>
<b>Patients with a given adverse event (≥2% in any group) – n (%)</b>						
Nasopharyngitis	13 (6.9)	19 (10.1)	16 (8.6)	7 (5.9)	2 (1.7)	4 (3.3)
Headache	13 (6.9)	11 (5.8)	7 (3.7)	6 (5.0)	5 (4.1)	5 (4.1)
Accidental overdose	5 (2.6)	3 (1.6)	5 (2.7)	3 (2.5)	1 (0.8)	0
Dizziness	6 (3.2)	2 (1.1)	1 (0.5)	1 (0.8)	4 (3.3)	1 (0.8)
Fatigue	4 (2.1)	3 (1.6)	1 (0.5)	3 (2.5)	4 (3.3)	1 (0.8)
Back pain	5 (2.6)	0	3 (1.6)	1 (0.8)	2 (1.7)	1 (0.8)
Somnolence	4 (2.1)	5 (2.6)	5 (2.7)	1 (0.8)	6 (5.0)	1 (0.8)
Influenza	4 (2.1)	3 (1.6)	3 (1.6)	0	0	2 (1.6)
Nausea	3 (1.6)	1 (0.5)	2 (1.1)	4 (3.4)	0	1 (0.8)
Diarrhoea	1 (0.5)	6 (3.2)	3 (1.6)	1 (0.8)	0	1 (0.8)
Upper abdominal pain	0	0	0	0	3 (2.5)	1 (0.8)
Fall	0	0	4 (2.1)	1 (0.8)	1 (0.8)	4 (3.3)

Includes only those treatment-emergent adverse events that started or worsened during the double-blind study period.

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# Further safety observations

**No** adverse events suggested that **drug misuse** might have occurred

**No withdrawal symptoms** were observed during the placebo run-out period, as assessed by adverse events or the Benzodiazepine Withdrawal Symptom Questionnaire (BWSQ)

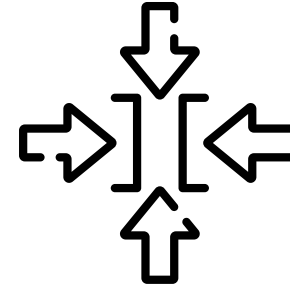
During the placebo run-out period, WASO and LPS were numerically lower, and mean self-reported total sleep time was higher than respective baseline values, indicating **absence of rebound insomnia**

# Strengths and Limitations



## Strengths

- Assessed **most components of insomnia** as defined in the DSM-5
  - Both objective nighttime variables and patient reported assessments of night and day symptoms
- **Robust control** for study-wise type I error for all primary and secondary endpoints
- Proportion of **male and female** patients was representative of the general insomnia population
- **Older adult patients** ( $\geq 65$  years) were well represented (~40% of the population)
- Low rate of **missing data**



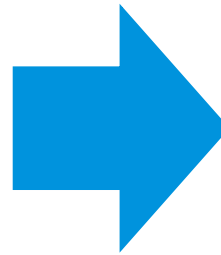
## Limitations

- Patients had **moderate to severe insomnia** and may not be representative of the general insomnia population
- Regarding **race**, randomized population may only partially reflect the insomnia population
- Number of patients with **CBTi experience** was low
- Patients with **comorbidities** were not included
- IDSIQ is a **novel tool** and there is limited experience with its use

# Interpretation and Implications

Daridorexant 25 mg and 50 mg improved sleep outcomes, and daridorexant 50 mg also improved daytime functioning, in people with insomnia disorder, with a favorable safety profile.

- New treatments for insomnia should be directed at **improving both night-time and daytime symptoms**.
- A prerequisite to achieve this goal is that a drug has **no next-morning residual effect** leading to excessive daytime somnolence, yet it adequately induces and maintains sleep.



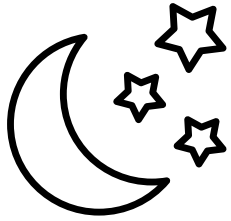
- Daridorexant **50 mg seems to fulfil** those requirements.
- Improvements in **sleep variables** were achieved **without excess sleepiness** the following morning, and improvements in **daytime functioning** were observed.

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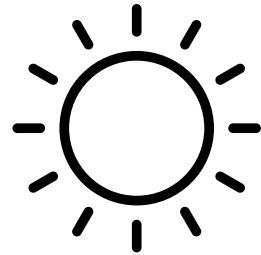
# Idorsia conclusion

# The daridorexant clinical program provides a wealth of evidence



## Comprehensive sleep efficacy perceived by patients (25 mg & 50 mg)

- Fall asleep faster
- Stay asleep longer
- Time in each sleep stage preserved



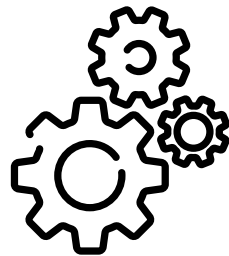
## Daytime functioning perceived by patients (50 mg)

- Improved sleepiness
- Consistent effect on mood and alertness / cognition on exploratory endpoints
- Progressive improvement over time



## Documented safety

- A low overall incidence of adverse events (AE), comparable between treatment groups
- Most common AEs (>5%): nasopharyngitis and headache
- No evidence of tolerance or dependence
- No rebound insomnia or withdrawal effects



## Precision MOA & intrinsic properties of daridorexant

- Targets only the part of the brain that keeps you awake, without broad sedation
- Ideal pharmacological profile

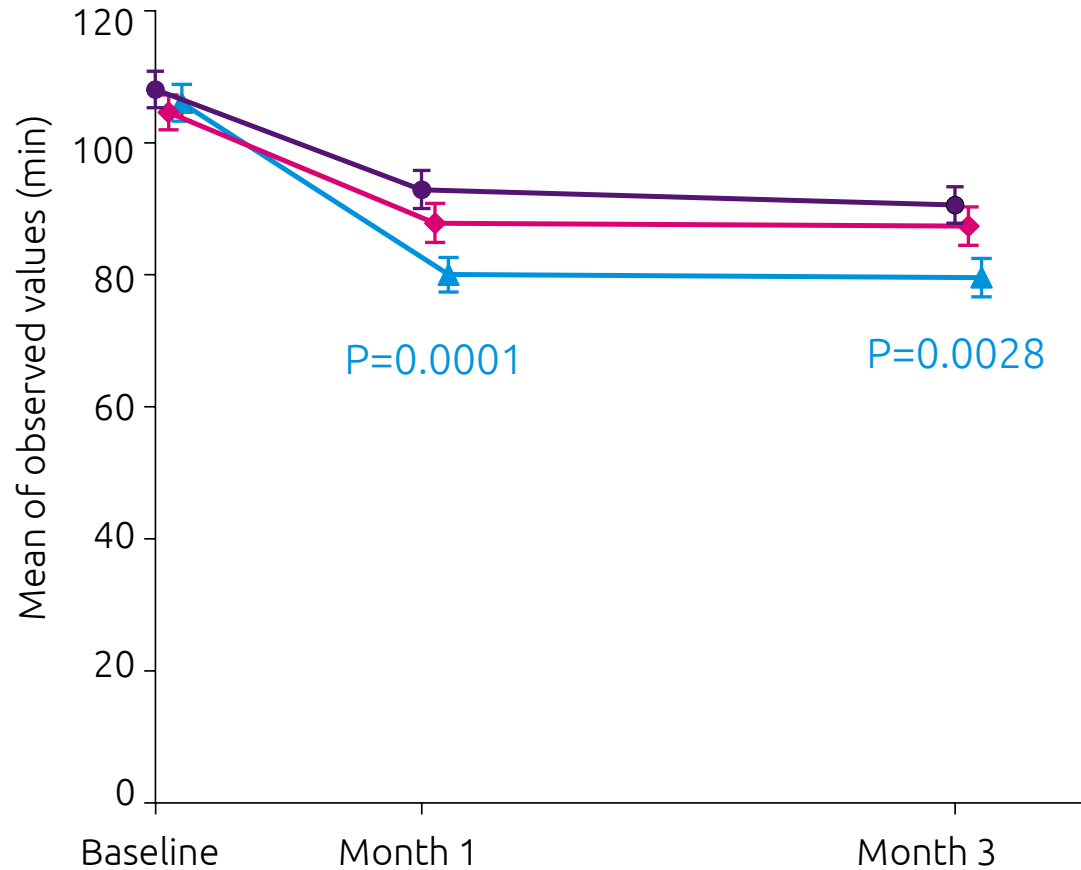
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# Appendix

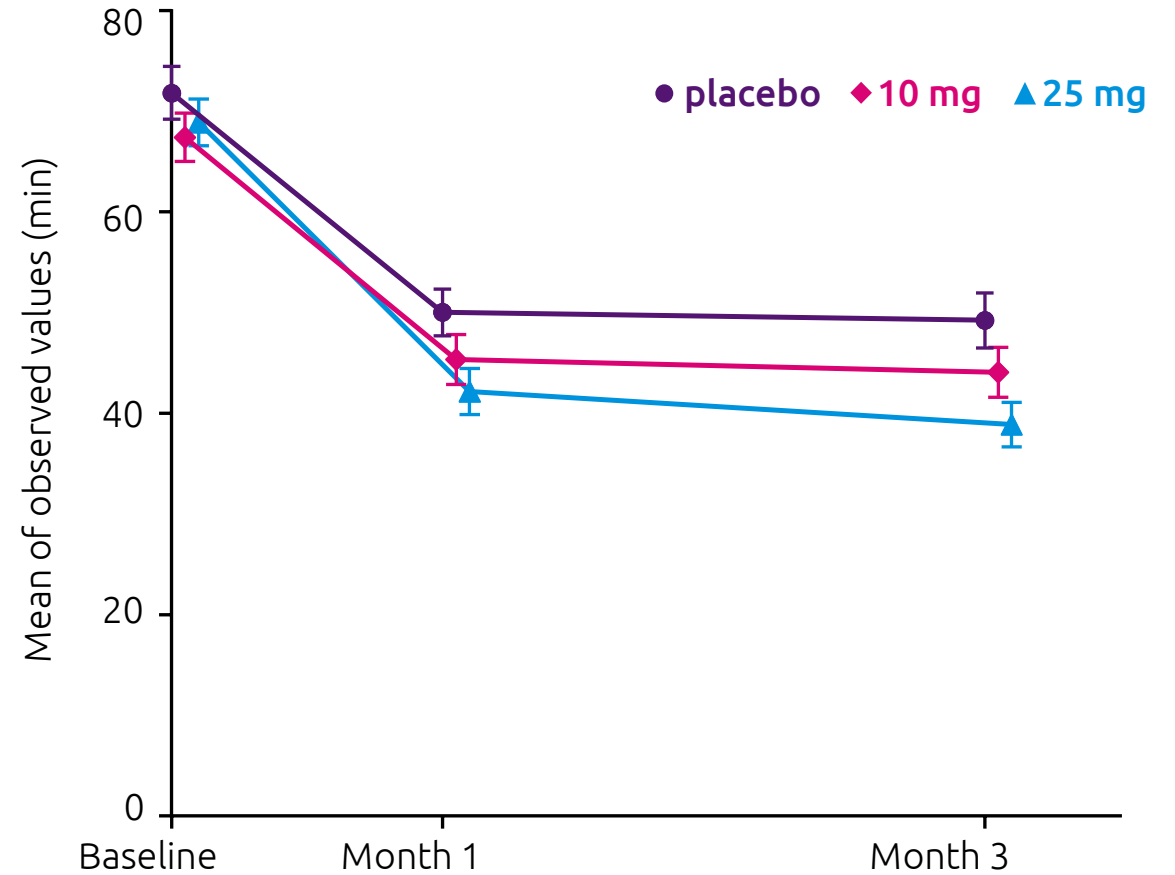


# 1<sup>o</sup> endpoints: Objective measures from study 2

## Wake after sleep onset



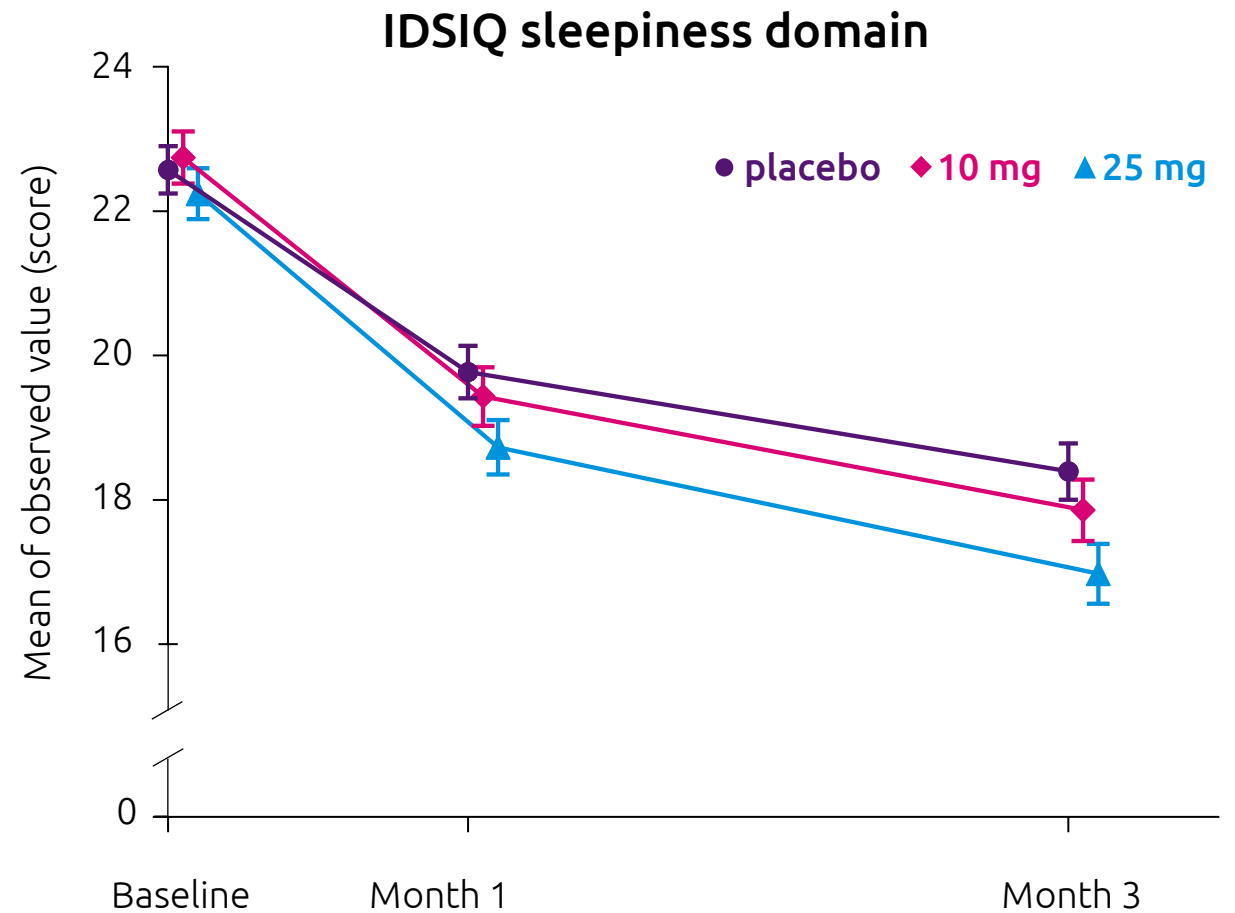
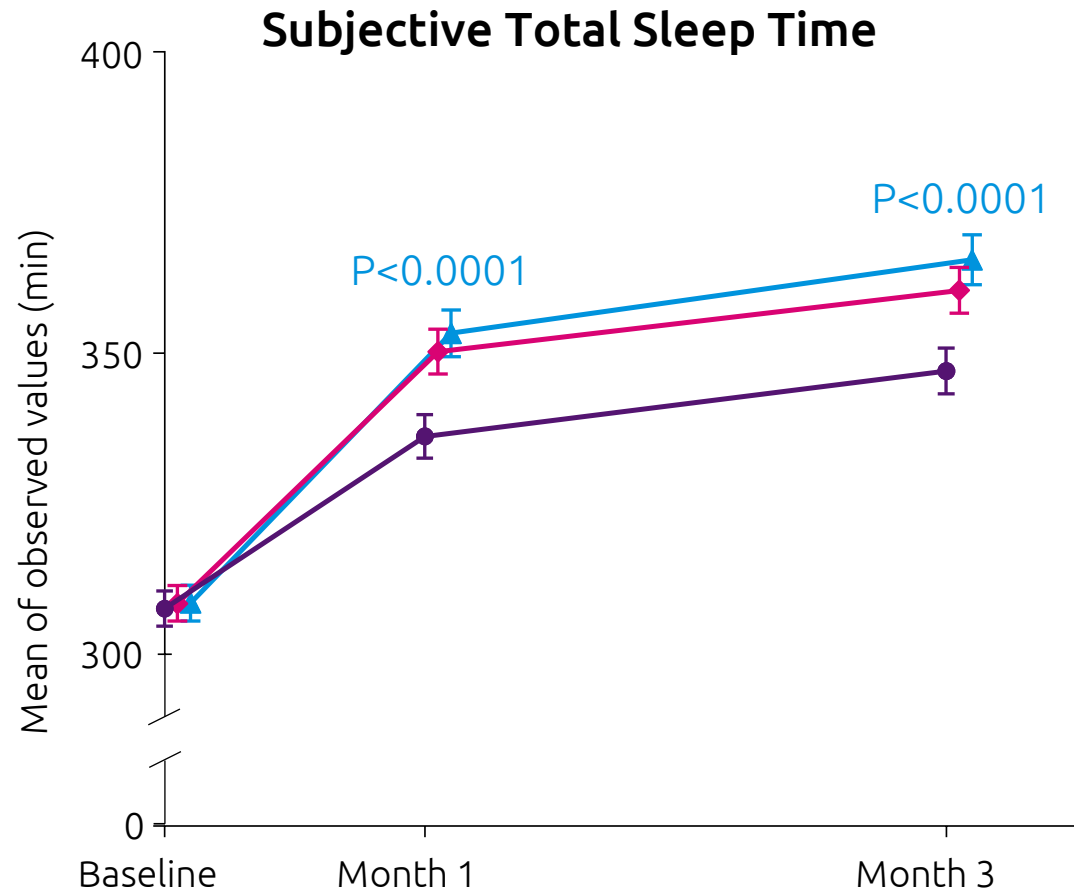
## Latency to persistent sleep



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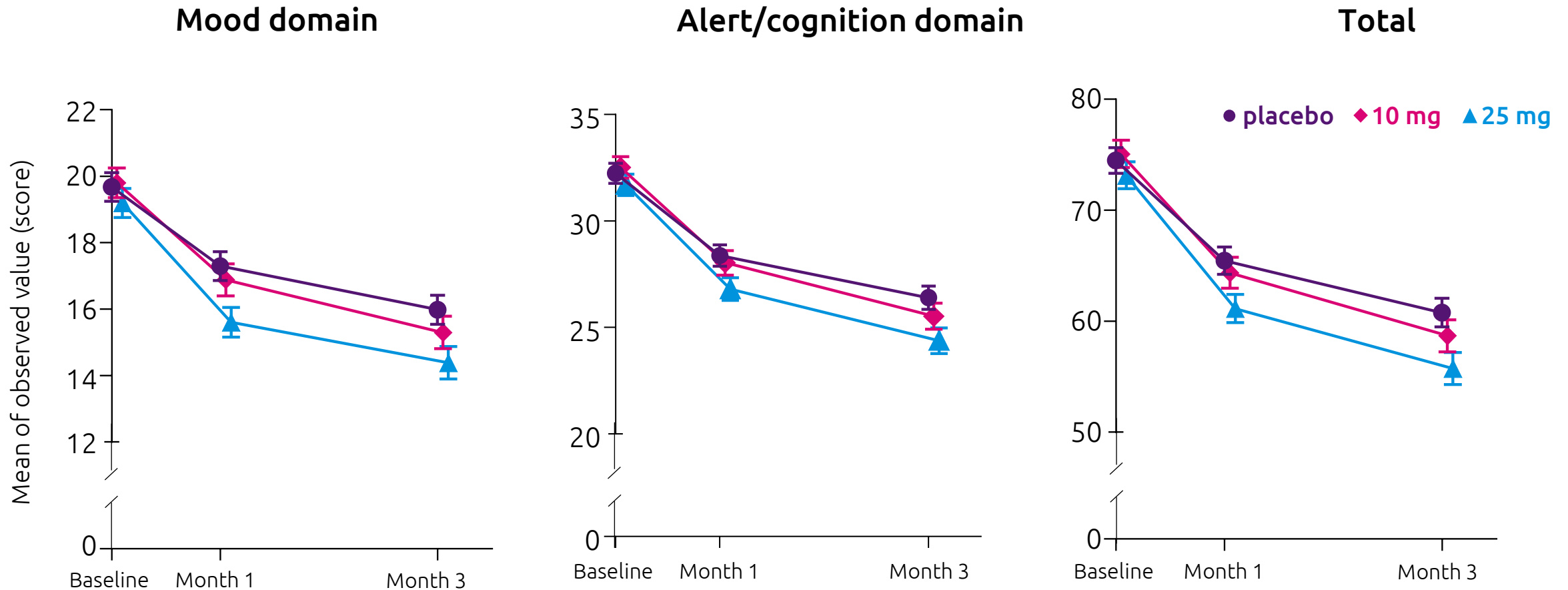
# 2° endpoints: Subjective measures from study 2



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# Exploratory endpoints: IDSIQ other scores from study 2



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